

## SEP 2003 EMAIL TEXT

From: "GFI admin" <admin@gfi-singapore.org>  
Subject: September Mailer  
Date: Monday, September 01, 2003 11:23 PM

Clear DayFolks

It's time again! We welcome more of you joining our mailing list! Welcome!

This month we have the privilege of having Francis and Janette sharing with us. If any of you too wish to share anything, send an email to us and we will be happy to assist. By the way, if you had sent emails to friends, and they have subscribed but somehow not getting emails from GFI, Singapore, please drop us a note too. As much as technology is great, it is not without flaws! We continue to rejoice with all of you as you share your journey with us!

November conference - the details are out. Attached are the forms for the conference as well - they are also available on the website - remember September 30 is end of the early bird special! Do mark your calendars and come and have a good time learning and interacting with other parents.

-----  
but those who hope in the Lord will renew their strength.  
They will soar on wings like eagles;  
they will run and not grow weary,  
they will walk and not be faint Isaiah 40:31

Greetings from Jeremy and Suan Ai

log on [www.gfi-singapore.org](http://www.gfi-singapore.org) for parenting resource

## ANOTHER FACILITATOR SHARES

### **Nobody's perfect. I am nobody. Therefore, I am perfect!**

---

With praise and thanksgiving that we are given this opportunity to share our testimony this month.

We are Francis and Janette with two lovely kids: a son & a daughter of age 7 and 3 this year. We thank God for a wonderful parenting program from Growing Families International. Life has been a series of changes for us when we began benefiting from the program since year 2000. We started with Prep. for parenting (0 to 6 months), followed by Prep. for toddler & Growing Kids God's Way.

Parenting is never easy but facilitating with our imperfections helps us learn and fine-tune parenting styles. As parents we have to be more alert, patient & consistent of what we do with our kids.

We were introduced to Prep. for parenting when we were expecting our second child. Our first was a really good & easy baby. We decided to learn more after a long desire to have the second child. We were so confident & positive of how we handled the first that we thought it will not be too difficult with the second. We were caught by surprise – everything seemed different & we needed to re-adjust. It was really tough after I was discharged from the hospital. Erika was not an easy baby as she cried a lot & had problems going to sleep. Here I am coping with my recovery & she is giving a hard time day & night. I must thank God that I have a very supportive husband, family, cell members & PFP course mates. With their constant encouragements & prayers, I was slowly coping one step at a time. Francis was a great husband who went through the whole process with me. With the help of the Prep for parenting program, my husband helped me focus & recall the details we have learnt & day-by-day things slowly worked out well.

We would like to encourage everyone with this: parenting is a commitment and a process of learning in life. We must always remember, with God all things are possible. Supporting each other is very important. We are currently working on opening a Parents support group for Daddy's & Mommy's separately. Any takers?

In His service, agape  
Francis and Janette

Wonderful sharing and important to note that we facilitate because we want to learn and we know that without reminders, we will forget. We also facilitate because we know the dynamics changes as new members come, kids grow and we need to constantly review key principles and adapt accordingly. So, don't expect to ever 'be there' – it is a continuous process. Nor expect us to be perfect but we are willing to listen and learn too - nobody's ever perfect, right? At the end of the day, mutual support is still important and EVERY child is different and as parents, we need to recognize that and respect them differently just as we train them to respect others too.

Jeremy and Suan Ai